

GLUTEN FREE GLUTEN FREE



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TEL: 015394 36372
LUNCH MENU – SERVED 12 –2.30PM

PLEASE STATE THAT YOU ARE ORDERING FROM THE GLUTEN FREE MENU

Soup of the day with seeded roll 4.95

Sandwiches & Jacket Potatoes

On gluten-free bread with homemade coleslaw, side salad & homemade vegetable crisps:

- * Winter BLT with spinach, crispy bacon & sliced tomato 7.95
- * Caramelised onion, mushroom & Swiss cheese melt 6.95
- * Flat iron steak & sautéed onions with 'philly' cheese & jalapeno sauce 8.50
- * Grated cheddar, sliced apple & homemade chutney 5.95
- * Honey mustard glazed ham, baby gem lettuce, sliced tomato with/without mustard mayo 6.95
- * Tuna mayo flakes, red onion, cucumber ribbons 5.95

Mains

Gluten free beer-battered fish fillet, seasoned hand-cut chips, mushy peas, homemade tartare sauce 13.25

Spinach & Falafel burger, baby gem lettuce, tomato and pickled gherkin on a toasted farmhouse roll served with fries and salad 12.75

Sides

- Seasoned hand-cut chips 4.00
- Cajun fries 3.75
- Chinese five spice fries 3.75
- Homemade onion rings 3.25
- Roasted vegetables 3.75
- Garlic & herb bread / add cheddar or stilton 5.00/6.00
- Bread basket with dips of garlic & parsley butter, extra virgin olive oil & balsamic, & chilli oil 7.95

Due to the presence of nuts in some of our dishes, we cannot guarantee the absence of nut traces in our menu
Please talk to us about any allergies or dietary requirements before you order