

The Kings Arms

Allergen Advice Menu

The 14 allergenic ingredients are:

1	Celery and celeriac
2	Crustaceans (e.g. crab, lobster, crayfish, shrimp, prawn)
3	Eggs
4	Fish
5	Cereals containing gluten (i.e. wheat, rye, barley, oats, spelt, cous cous)
6	Lupin
7	Milk
8	Molluscs (e.g. mussels, oysters, squid)
9	Mustard
10	Tree nuts (almonds, hazelnuts, walnuts, cashews, pecans, Brazils, pistachios, macadamia nuts)
11	Peanuts
12	Sesame seeds
13	Soya
14	Sulphur Dioxide (E220)

These ingredients are shown as their corresponding number against the dishes throughout this menu.

Food Served Daily 1.00pm – 8.00pm

Sandwiches served from 1.00 – 6.00

White or brown or gluten free bread with a handful of hand cut chips

Ham and mustard mayo £6.50 **3, 5, 9**

Roast beef and horseradish £7.00 **5, 14**

Prawn Marie rose £7.50 **2, 3, 4, 5, 9**

Three cheese savoury, spring onion and salad cream £6.00 **3, 5, 7, 9, 14**

Tuna mayo and sweetcorn £6.50 **3, 4, 5**

Starters

Soup of the day and bread roll £5.50 **5, 7**

Garlic and chilli prawns, Melba toast £7.50 **2, 5, 12, 14**

Deep fried mozzarella balls, tomato salsa £7.00 **3, 5, 7**

Chicken Caesar taster £7.00 **3, 4, 5, 7**

Mains

Kings Arms homemade 'proper' steak & ale shortcrust pie, chips and mushy peas £14.50 **1, 5, 7**

Deep fried breaded scampi, chips, garden or mushy peas and tartar sauce £14.00 **2, 3, 5, 9**

Chicken in a creamy mushroom sauce, new potatoes and vegetables £14.00 **7**

Cumberland sausage, mash, garden peas and onion gravy £13.00

Minted lamb shepherd's pie topped with black pudding mash served with vegetables £12.00 **1, 5**

Gammon steak, chips and garden peas £13.50 **Please state if you are GF**

Pesto pasta with pine nuts, peppers and onions with garlic bread £12.00 **5, 7, 10**

Vegetarian burger topped with cheese and lettuce served with fries £12.00 **5, 7, 13**

Homemade beef burger topped with bacon, cheese, lettuce and gherkins served with fries £14.00 **3, 5, 7**

Chicken or vegetable curry, rice, onion bhaji and mango chutney £13.00

Rib eye steak, hand cut chips, tomatoes, mushrooms, peppercorn or blue cheese sauce £22.00 (**7 cream in sauce**) **Please state if you are GF**

Sides

Beer battered onion rings £4.00 **5**

Hand cut chips £4.50 **Please state if you are GF**

Fries £4.00 **Please state if you are GF**

Sweet potato fries £4.25 **Please state if you are GF**

Bread and dips £4.00 **5, 7**

Garlic bread £4.50 **5, 7**

Garlic bread with cheddar or stilton £5.50 **5, 7**

Children's Meals

For children 12 years and under

All £6.75

Vegetable **13** or beef burger with fries **3, 5, 7**

Scampi fries & peas or beans **2, 3, 5, 9**

Vegetable **3** or pork sausage with fries and peas or beans

Vegetable or minced beef bolognese with spaghetti & garlic slice **5, 7**

Bread & butter £1.00 **5, 7**

Due to the presence of nuts in some of our dishes, we cannot guarantee the absence of nut traces in our menu.

Please talk to us about any allergies or dietary requirements before you order