



Lunch Menu - Served 12.00pm-2.30pm

Sandwiches

On white, granary or gluten-free bread with a handful of sea salted crisps:

- * Beef & red onion £7.50
 - * Ham & tomato £7.00
 - * Fish goujons with tartar sauce & iceberg lettuce £7.50
 - * Chicken salad with mayo £7.00
 - * Tuna mayo with cucumber £7.00
 - * Cheese & Westmorland chutney £6.75
 - * Avocado & brie salad £7.50 (vegan)
 - * Hummus, peppers & salad £6.25 (vegan)
- * Soup of the day with a bread roll & butter £5.50

Main Courses

- * Scampi & chips with mushy peas £13.00
- * Local Cumberland sausage curl with mash, garden peas & gravy £14.00
- * Gammon steak with Lakeland free-range egg, hand cut chips & peas £14.00
- * Thai green curry – either fish or chicken served with rice & prawn crackers £15.00
- * Homemade steak burger in a pretzel bun with bacon, Monterey Jack cheese, lettuce, tomato & fries £14.00
- * Mussels cooked in white wine & shallots with fries & crusty bread £16.00
- * Pepper, onion & falafel burger in a pretzel bun with melted vegan cheese, vegan mayo, lettuce, tomato & fries £14.00 (vegan)
- * Caponata linguine with garlic bread £13.00 (vegan)

Children's Menu

- * Battered chicken nuggets £7.00
- * Fish goujons £7.00
- * Pork sausage £7.00
- * Vegetarian sausage £7.00 (v)
- * Beef Burger £7.00

Each of the above with fries or mashed potato, baked beans, peas or salad

- * Pasta in a tomato & basil sauce served with garlic bread £7.00 (v)

Sides

- * Hand cut chips £4.50
- * Fries £4.50
- * Side salad £4.00
- * Onion rings £4.00
- * Garlic bread £4.50
- * Garlic bread with Stilton or Cheddar £5.50
- * Selection of bread & dips £6.00

Desserts all 6.75

- * Sticky toffee pudding
- * Lemon bread & butter pudding
- * Chocolate brownie

Served with either double jersey ice cream, cream or custard

- * Raspberry crème brûlée with brownie bites

Ice Cream

- * Pistachio
- * Death by chocolate
- * Thunder & lightening
- * Raspberry pavlova
- * Mint choc chip
- * Damson & plum
- * Double Jersey

Sorbet

Lemon, orange or apple (vegan)

1 scoop £2.00 – 2 scoops £3.80 – 3 scoops £5.50